



REINTEGRATION TRAINING

Training Syllabus

Module 2 – Reintegration Assistance at the Individual Level

Module 2, Session 1

Overview of Module 2

Time: 180 Minutes

Session Aim: The aim of this session is to discuss and understand the various aspects of reintegration assistance at the individual level.

Topics

Learning Objectives

By the end of the session, trainees will be able to:

<ul style="list-style-type: none"> • Description of case management • Counselling sessions • Assessments <ul style="list-style-type: none"> ○ Assessing needs and skills ○ Determinants of migrant vulnerability • Reintegration Planning <ul style="list-style-type: none"> • Feasibility grid • Referrals • Components of a reintegration plan • Follow-up <ul style="list-style-type: none"> • Exercise on the W model • Closure 	<ul style="list-style-type: none"> • Describe the case management process from the first assessments informing the development of a reintegration plan to follow up and case closure. • Start using case management tools to better assess the vulnerabilities, needs and capacities of returnees, develop reintegration plan and follow up on reintegration process
<ul style="list-style-type: none"> • Review of factors influencing reintegration at the individual level • Economic aspects • Social aspects • Psychosocial aspects • The role of the counsellor 	<ul style="list-style-type: none"> • Explain the economic, social and psychosocial dimensions of reintegration

Module 2, Session 2

Counselling – Gathering information on returnees

Time: 90-120 Minutes



Session Aim: Trainees will be able to carry out a counselling session with a returnee.

Topics

Learning Objectives

By the end of the session, trainees will be able to:

<ul style="list-style-type: none"> • Review of factors influencing reintegration at the individual level • Case management and counselling • Steps for first reintegration counselling session • Role play activity to practice counselling • Discussion 	<ul style="list-style-type: none"> • Explain the role of case managers in accompanying the returnee through a counselling process and tailored assistance. • Explain how case management can help returnees meet their needs and navigate what are often fragmented support services. • Present counselling as an interaction, which builds on interpersonal skills
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Module 2, Session 3

Assessing returnees' needs and skills

Time: 90 Minutes

Session Aim: Trainees will be able to describe the types of assessments to be carried out with returnees, when and how to carry them out.

Topics

Learning Objectives

By the end of the session, trainees will be able to:

<ul style="list-style-type: none"> • Brainstorming on what should be assessed in order to design tailored reintegration assistance • Vulnerability assessment • Risk assessment • Family tracing • Skills assessment • Reintegration Sustainability Survey as an assessment tool 	<ul style="list-style-type: none"> • Explain the importance of assessments for the development of reintegration plans • List different types of assessments to better evaluate vulnerabilities, risks, family status and skills, among others • Explain when and by whom each assessment should be carried out.
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Module 2, Session 4

Assisting returnees in vulnerable situations

Time: 90 Minutes

Session Aim: Trainees will be able to define and identify

migrant vulnerability.



Topics

Learning Objectives

By the end of the session, trainees will be able to:

- Discussion on who can be defined as vulnerable migrants
- Definition of migrants vulnerable to violence, exploitation or abuse
- Activity on risk and protective factors
- The Determinants of Migrant Vulnerability model
- Who should assist migrants in vulnerable situations?

- Explain what the Determinants of migrant vulnerability (DoMV) model is.
- Better define and identify migrant vulnerability.

Module 2, Session 5

Reintegration Planning

Time: 180 Minutes

Session Aim: Trainees will be able to develop a reintegration plan together with the returnee.

Topics

Learning Objectives

By the end of the session, trainees will be able to:

- Mind mapping of the needs of the returnee and services that could address them
- Components of a reintegration plan
- The feasibility grid
- Referrals

- Explain the intrinsic link that exists between services and the specific needs of returnees
- Explore reintegration planning
- Describe how this translates across the three dimensions: economic, social, psychosocial
- Describe the use of the feasibility grid and referrals

Module 2, Session 6

Psychosocial support at the individual level

Time: 90 Minutes

Session Aim: Trainees will be able to define mental health and appreciate the different interrelated dimensions of psychosocial support.

Topics

Learning Objectives



By the end of the session, trainees will be able to:

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| <ul style="list-style-type: none"> • Discussion on how return impacts mental health and psychosocial wellbeing, and how these impact reintegration. • Definition of mental health and psychosocial • The psychosocial approach • The role of the case management • Framework of outcomes of disruptive events • Stressors and stresses • How to recognize signs of distress • Responding to distress and psychosocial needs • Case study • From the individual to family and community level | <ul style="list-style-type: none"> • Define mental health and appreciate the different interrelated dimensions of psychosocial support • Identify the possible stresses and stressors associated with return and reintegration • Discuss the role of the case manager in responding to these stresses through empathetic and supportive reintegration counselling |
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Module 2, Session 7

Social reintegration assistance

Time: 90 Minutes

Session Aim: Trainees will know how to provide social reintegration assistance, including through referrals.

Topics

Learning Objectives

By the end of the session, trainees will be able to:

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| <ul style="list-style-type: none"> • “Cube” exercise to identify different domains that are part of the social dimension of reintegration • Access to Housing and Accommodation • Access to Documentation • Access to Social Protection Schemes • Access to Education and Training • Access to Health and Wellbeing • Access to Food and Water • Access to Justice and Rights | <ul style="list-style-type: none"> • Identify and understand the different domains related to social reintegration assistance • Discuss how to provide adequate orientation and referrals |
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Module 2, Session 8

Economic reintegration assistance

Time: 90 Minutes

Session Aim: Trainees will know how to provide economic reintegration assistance.

Topics	Learning Objectives
<ul style="list-style-type: none">• “1-2-4-all” exercise to identify different domains that are part of the economic dimension of reintegration• Skills development and vocational training• Job placement• Business Development Support• Access to banking and microloans• Budgeting and financial counselling	<p><i>By the end of the session, trainees will be able to:</i></p> <ul style="list-style-type: none">• Describe the modalities of economic reintegration• Explain the prerequisites for a good economic reintegration• Situate the role of counsellors in the process

Module 2, Session 9

Follow-up and case closure

Time: 90 Minutes

Session Aim: Trainees will be able to follow-up on the reintegration plan and know when and how to close a case.

Topics	Learning Objectives
<ul style="list-style-type: none">• Steps to follow-up of reintegration plan• The W module, and how to use it• Discussion on case closure through “fishbowl” exercise	<p><i>By the end of the session, trainees will be able to:</i></p> <ul style="list-style-type: none">• Explain the stakes related to case follow-up and closure• Use the W model as a follow up tool• Describe the situations leading to case closure and the role of the counsellor to make it as positive as possible



Module 2, Session 10

Extra: Reintegration Sustainability survey

Time: 90 Minutes

Session Aim: Trainees will be able to use the reintegration sustainability survey.

Topics

- Description of the reintegration sustainability survey (RSS)
- Main goal of the RSS
- When to use the RSS
- Role play to practice using the RSS

Learning Objectives

By the end of the session, trainees will be able to:

- Explain the reintegration sustainability survey and its scoring system
- Describe how the scores can be used for reintegration programming